



**Breakfast Menu (Available until 11.00am)**

**Toast** 2 slices of toast with butter and Jam/Marmalade or Marmite £2.25

**Eggs benedict** - Ham and Poached Egg on an English Muffin Topped with Hollandaise sauce £6.95

**Eggs Royal**- Smoked Salmon and Poached Egg on an English Muffin Topped with Hollandaise sauce £7.50

**Eggs Florentine**- Spinach and Poached Egg on an English Muffin Topped with Hollandaise sauce £6.95

**Bacon Butty** £4.50

**Sausage Sandwich** £4.50

**Scrambled eggs** 3 scrambled free range eggs on toast £4.95

With Bacon/Sausages £6.50

With Smoked Salmon £7.50

**Croissant** with butter and Jam £2.50

**Granola** with yoghurt fresh fruit and honey £4.95

**Lunch Menu**

**Soup of the day (see board)** served with crusty bread £4.95

**One pot of the day (see board)** served with crusty bread £6.95

**Ploughman's**- Ham or cheddar or brie, a crusty roll, balsamic pickled onion, Salad and Chutney £6.95

**Meze** - Pitta, hummus, marinated olives, roasted red pepper, Salami and Parma Ham £6.95

**Quiche of the day** served with Deli salad, homemade Coleslaw and Vegetable salad £5.75

**Vegetable Parcel** - Sweet Potato, Spinach and Mushroom with Tagine Spices served with Deli salad, homemade Coleslaw and Vegetable Salad £5.50

**Chicken and Bacon Pasty** served with salads £5.75

**Sausage Roll** served with salads and Coleslaw or Beans £4.75

**Paninis/Toasties served with Deli Salad, homemade Coleslaw and Vegetable Salad** £5.95

- Ham, Cheese and Red Onion Marmalade
- Brie, bacon and Cranberry
- Mozzarella, Tomato and Pesto
- Halloumi and Roasted Red Pepper with Spinach

**Sandwiches served with Deli Salad, homemade Coleslaw and Vegetable Salad**

Smoked salmon and cream cheese £5.25

Bacon, lettuce and tomato £5.25

Brie and cranberry £4.75

Tuna and sweetcorn £4.25

Egg mayonnaise £4.25

Hummus, pepper and salad £4.25

**Gluten Free and Dairy Free Wraps and GF Bread/Rolls Available on request**

### Children's Menu

Beans on toast £2.25

Beans and cheese on toast £2.50

Children's one pot of the day £3.95

**Sandwiches** £3.00

- Ham
- Cheese
- Marmite
- Hummus

**Children Meze** - Select 4 items for £3.95

Additional Items @ £0.85 each

Pitta, Hummus, Cucumber and Carrot sticks, Ham, Salami, Cheese cubes, olives, roasted Peppers.

### Need a bit of a lift??

**Curious Brew** £3.50

**Peroni** £3.50

**Old Dairy Beers** (Summer Top, Red Top, Blue Top & Gold Top) from £3.25

**Wise Owl Cider** £3.25

**Wine by the Glass** 175ml £4.40

**Prosecco** 200ml £5.95

**Gin/Vodka & Tonic** £4.50

**Double Gin/Vodka & Tonic** £6.00

**Jug of Pimms** £12.95

**Bloody Mary** £6.00

**Virgin Mary** £3.50

	Small	Large
<b>Espresso</b>	£1.30	£1.50
<b>Americano</b>	£2.00	£2.20
<b>Cappuccino</b>	£2.20	£2.40
<b>Café Latte</b>	£2.20	£2.40
<b>Flat White</b>	-	£2.40
<b>Macchiato</b>	£1.50	-
<b>Mocha</b>	-	£2.60
<b>Hot chocolate</b> (Marshmallows & Cream +30p)	-	£2.50

### Something sweet?

**Single Layer Cake** £2.75

**Double (or more) Layer Cake** £2.95

**Homemade Scone** Plain/Fruit/Cheese £1.80  
OR With Jam and Local Cream £3.75

**Tray bakes from** £1.80

### Soft Drinks

**Still Water** £1.00

**Sparkling Water** £1.00

**Ringden Farm Apple Juice with Mango** £2.00

**Ringden Farm Apple Juice** £2.00

**Bentley's St Clements** £2.00

**Orange/Lemon Sanpellegrino** £1.50

**Fentimans Curiosity Cola** £2.55

**Fentimans Ginger beer** £2.00

**Classic Coca-Cola 330ml** £2.55

**Ringden Apple Juice 1Litre** £6.00

**Strathimore Sparkling Water 1Litre** £2.50

### Smoothies £3.50

**Broccoli & the Beast** (Broccoli, Spinach, Celery, Pineapple, Mango & Banana)

**Kale Kick** (Kale, spinach & Mango)

**The Heartbeet** (Beetroot, Carrot & Mango)

**Detox-Zing** (blueberries, banana, ginger, carrot & courgette)

**Summer Fruits**

**Strawberry & banana**

**Tropical** (Mango, banana & pineapple)

**Jug of Elderflower Cordial** with Ice and  
Mint £4.00

### Speciality Tea's £1.80

- Organic Redbush
- Green Tea
- Lemongrass & Ginger
- Red Berry & Flower
- Virunga Chai
- Camomile
- Peppermint

**English Breakfast/Earl Grey Tea** £1.40