



**Paninis served with homemade salads**

Bacon, Brie and Cranberry £7.50

Honey Roast Ham and Smoked Cheddar £7.50

Homemade Falafel, Sweet Chilli Jam and grated Carrot £7 (Ve)

Goats Cheese with Roasted Mediterranean Vegetables and Red Onion Marmalade  
£7 (V)

**Sandwiches served with Deli Salad, homemade Coleslaw and Vegetable Salad**

Smoked Salmon with Prawn and Marie Rose £7.95

Coronation Chicken, Tomato and Baby Gem £7.75

Egg Mayonnaise with Water Cress £7.25 (V)

Roasted Mediterranean Vegetables with Red Pepper Pesto and Spinach £7 (Ve)

**Light Lunch Menu**

**Deli Board** - Smoked Cheddar and Charcuterie, Roasted Mediterranean vegetables, homemade pickles and Chutneys, Salad and Hummus £8.50 (V/Ve available)

**Homemade Quiche of the day** served with Deli salad, homemade Coleslaw and Vegetable salad £6.75

**Vegetable Parcel** - Sweet Potato, Spinach and Mushroom with Tagine Spices served with Deli salad, homemade Coleslaw and Vegetable Salad £6 (V)

**Homemade Chicken Pasty** served with salads £6.95

**Homemade Sausage Roll** served with salads and Coleslaw or Beans £6

**Allergen advice:** Due to the nature of our business we cannot guarantee a 100% allergen free environment, nor can we guarantee against the processes used by our suppliers or products which may be produced in an environment with other allergens. **Please inform your waiter before ordering of any special dietary requirements that you may have.** We do not run a one-tell policy across this site.

**Gluten & Dairy Free Wraps & GF Bread/Rolls Available on request.**

### Heartier Fare and Summer Salads

**Chicken Caesar Salad**, with baby gem lettuce and parmesan. £8.25

**Toasted Falafel**, with a Hummus and Radish Salad £7.90 **(Ve)**

**Smoked Salmon**, with Asian Salad Greens and a Sweet Soy dressing. £8.50

**Daily One Pot** served with Salads and Sides - £8.95

**Soup of the Day** with crusty bread £6.95

### Children's Menu

Beans on toast £3 **(Ve)**

Beans and cheese on toast £3.25 **(V)**

Children's one pot of the day £5

Homemade Roasted Red Pepper Pesto Pasta with Cherry Tomatoes £5 **(V)**

Cheese and Tomato Flatbread Pizza £5 **(V)**

**Sandwiches** £4.50

- Marmite **(Ve)**

- Ham and Lettuce

- Cheese and Tomato **(V)**

- Hummus and Cucumber **(Ve)**

**Children Meze** - Select 4 items for £5.50

Additional Items @ £0.85 each

Pitta, Hummus, Cucumber and Carrot sticks, Ham, Salami, Cheese cubes, Olives, Roasted Mediterranean Vegetables.

### Something sweet?

**Single Layer Cake** £3.75

**Double (or more) Layer Cake** £4.50

**Home Bakes** from £3.50

**Tray bakes** from £2.50

**Afternoon Tea & High Tea available by prior arrangement.**

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