



Coffee

	Small	Large
Espresso.....	£1.50	£2.10
Americano.....	£2.20	£2.50
Latte.....	£2.35	£2.80
Cappuccino.....	£2.35	£2.80
Flat White.....	-	£2.60
Macchiato.....	£1.75	-
Mocha.....	-	£2.85
Iced Coffee.....	-	£3.50
Hot Chocolate.....	-	£2.65
Hot Chocolate with Cream & Marshmallows.....	-	£3.25
Babyccino.....	£1.00	-
Syrup Shot (Vanilla, Caramel, Hazelnut or Gingerbread).....	£0.60	-
Irish Coffee.....	-	£5.30

All coffees can be made with decaffeinated coffee - just ask!

Tea

English Breakfast.....	£1.80
Earl Grey.....	£1.80
Decaffeinated Tea.....	£1.80
Green Tea.....	£2.20
Jasmine Tea Pearls.....	£2.20
Chamomile.....	£2.20
Lemongrass & Ginger.....	£2.20
Red Berry & Flowers.....	£2.20
Virunga Chai.....	£2.20
Peppermint.....	£2.20
Organic Redbush.....	£2.20

Cold Drinks

Ringden Farm Juices (Apple, Apple & Elderflower).....	£2.50
Coke / Diet Coke.....	£1.90
San Pellegrino (Orange, Lemon, Blood Orange, Grapefruit).....	£2.25
Folkington's (Elderflower Pressé, Lemon & Mint, Rhubarb & Apple, Ginger Beer).....	£2.25
Pip Organic Smoothies (Pineapple & Mango, Strawberry & Blackcurrant).....	£1.75
South Downs Mineral Water (Still & Sparkling).....	£1.70
Ginger Ale.....	£1.90
Tonic Water / Slimline Tonic Water.....	£1.90
Tomato Juice.....	£2.00

Milkshakes - £3.50

Strawberry	- Creamy strawberry shake filled with strawberries, topped with cream & dried strawberry pieces
Banana	- Thick banana milkshake full of yummy banana, topped with cream & banana chips
Chocolate	- Smooth chocolate filled with chocolate brownies, topped with cream & chocolate flakes

Smoothies - £3.50

Broccoli and The Beast	- Broccoli, Spinach, Celery, Pineapple, Mango & Banana
Kale Kick	- Kale, Spinach & Mango
The Heartbeet	- Beetroot, Carrot & Mango
Detox-Zing	- Blueberries, Banana, Ginger, Carrot & Courgette
Avo Go-Go	- Mango, Spinach, Broccoli, Avocado, Coconut, Ginger & Lime



Wines

White

Chapel Down Flint Dry - Aromas of green apple, pear & kiwi.....	£19.50	Bottle
Turtle Bay Sauvignon Blanc - Hints of gooseberry fruit.....	£4.90	175ml..£5.60	250ml..£16.50 Bottle
La Colombe Chardonnay - Rich flavours of tropical fruit.....	£4.80	175ml..£5.70	250ml..£15.00 Bottle
Primi Soli Pinot Grigio - Elegant, soft & refreshing.....	£4.80	175ml..£5.70	250ml..£15.00 Bottle

Red

Chapel Down Union Red - Aromas of cherries & blackcurrants.....	£19.50	Bottle
Equino Malbec - Full bodied and robust, cherry & plum notes....	£4.90	175ml..£5.60	250ml..£16.50 Bottle
La Colombe Cabernet Sauvignon - Blackcurrant fruit aromas..	£4.80	175ml..£5.70	250ml..£15.00 Bottle
Jardin du Sud Merlot - An aromatic dark cherries wine.....	£4.80	175ml..£5.70	250ml..£15.00 Bottle

Rosé

Chapel Down English Rosé - Refreshing crisp finish.	£19.50	Bottle.....
Primi Soli Pinot Grigio Blush - Soft summer fruits.....	£4.80	175ml...£5.70	250ml..£15.00 Bottle

Sparkling

Chapel Down Brut - Red apple, lemongrass, strawberry & quince.	£25	Bottle.....
Prosecco - Produced in Italy. Extra dry sparkling wine.	£19.50	Bottle.....

Beers

Sleeping Giant-Pale Ale 3.8%	£4.00
Copper Hop-Amber Ale 4.2%	£4.00
Long Blonde-Light Golden Hopy 3.8%.....	£4.00
Old Man-Original Old Ale 4.3%	£4.00
Best Bitter-Sussex Best 4.0%	£4.00
Curious Brew-Premium Lager 4.7%.....	£3.50
Corona Extra-Traditional Beer 4.5%	£3.50
Peroni-Italian Lager 5.1%	£3.50
San Miguel-Spanish Lager 5%	£3.50

Ciders

Wise Owl Cider-Dry Lightly Sparkling 6%	£3.50
Wise Owl Cider-Medium Sparkling 6%	£3.50
John Boy's Sussex Cider-Dry Crisp Flavour 6%.	£6.50
Old Mout Berries and Cherries-Summer Burst 4%	£3.50
Curious Apple-Premium Cider 5.2%	£3.00